

C&C ENTRY REQUEST FORM FOR CROSS COUNTRY CHAMPIONSHIPS

SURNAME..... FORE-NAME

E-MAIL ADDRESS FOR CONFIRMATION OF DETAILS.....

HOME ADDRESS

TELEPHONE AGE GROUP

DATE OF BIRTH Eng. Athletics Competition license No (URN).....

COUNTY/REGIONAL/NATIONAL QUALIFICATION Birth..... Residence..... Forces.....
(ie your eligibility for the championship requested – you must be born, or have resided for 9 months in the area in question – or you/your spouse or parents must be a member of the armed forces currently located in the area in question)

THE CHAMPIONSHIP(S) FOR WHICH AN ENTRY IS REQUESTED (Clearly circle YES or NO for each of the events, noting the comments about fees below and the **latest** date by which an entry request should be sent to Steve).

Cambridgeshire Cross-country Championships (Jan 10th at St Neots) by 20th Dec YES / NO

Eastern Regional Cross-country Championships (Dec 6th at Colchester) by 14th Nov YES / NO

South of England Cross-country Championships (Jan 30th) by 25th Nov YES / NO

English National Cross-country championships (Feb 27th) by 5th Jan YES / NO

Note – Cross-country Championship entry fees are paid by the club as team entries, and there is no charge to you as individuals. However, if you request to be entered and then do not compete, the club reserve the right to charge you for the fee which has been paid on your behalf, unless there is a valid medical reason or an unforeseeable personal problem.

Young athletes age-groups are defined by your age on August 31st 2009. Ages 11 or 12 are under 13's, ages 13 or 14 are under 15's, and ages 15 or 16 are under 17's. Under 20's must be aged under 20 on 31st December 2009. Seniors are those aged 20 or over on 31st December 2009.

The form, when completed, should be sent to : Steve Thoday, 11 Cambridge Rd, Impington, Cambs CB24 9NU (or handed to him at a training evening – please do not rely on someone else to pass it on).

It can also be e-mailed to steventhoday@yahoo.co.uk. Steven's phone number is 01223 362483

You will not be entered unless Steve has received a completed and signed request form.

Ensure that forms are sent to Steve WELL in advance of the event entry date, so that he can send entries before the closing dates. Due to some early Championship closing dates this is now quite urgent.

If you do not have e-mail and want Steve to send you a map or timetable, please give him a stamped and self-addressed envelope for each event requested.

If you don't know your competition license number, we can check for you on the England athletics database, but most will have received a card with it on. Your number will not have changed year on year.

The reason for using this more formal request procedure is to avoid the wastage of club funds that we have had in past years by entering athletes who then fail to turn up at the event to race.